



Explorations of Loss

Performance, coaching, and discussion of excerpts from three theatre pieces by Karen Kopryanski, Kelley Schoger and Stacey Cabaj

Stacey Cabaj is an Assistant Professor of Acting and Pedagogy at Loyola Marymount University in Los Angeles. She is a certified instructor of the Meisner Approach to Acting, Vibrant Voice Technique™, and Vocal Yoga®. Karen Kopryanski is the Head of Voice and Speech at Virginia Commonwealth University, and has coached more than 50 professional and collegiate productions on the East Coast of the U.S., including those at The Huntington Theatre, American Repertory Theatre, Williamstown Theatre Festival, Actors' Shakespeare Project, and Commonwealth Shakespeare. Kelley Schoger is Assistant Professor of Acting and Movement at The University of Alabama. She performed professionally in New York City for ten years as an actor and puppeteer (including MCC Theater, La Mama E.T.C., Theatre for the New City, Mabou Mines

As actors, performance pedagogues, and human beings, we are curious about how the universal experiences of loss and grief manifest in the body, breath, voice, and use of language. In this session, each presenter will share an excerpt of a theatrical piece that explores the subject of loss, including: Cigarettes and Chocolate (Minghella), The Wolves (DeLappe), and Beauty, Identity, Release: A theatrical study of grief and body (Schoger.) Then, we will investigate with participants how tools from our various performance pedagogies and traditions, including Alexander Technique, the Meisner Technique, and the Suzuki Method can be used in coaching or rehearsals to support truthful and effective performance. We will conclude with ten minutes of facilitated conversation about the performances and coaching strategies.

Information:

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